



Ingleby Manor Free School & Sixth Form Sex and Relationships Policy

Adopted:	Autumn 2013
Reviewed date:	September 2016
Review date:	September 2018
Responsible Colleagues:	Designated Colleague

Introduction

This policy sits in conjunction with the school's policies on Child Protection, Equality, Anti Bullying and complaints procedure. The policy does not affect the rights of parents* who wish to withdraw their children from sex and relationships education.

Parents have the right to withdraw their children from all or part of the sex and relationship education provided at school excepting that which is statutorily directed under the National Curriculum.

Rationale

Sex and relationship education supports the individual's lifelong learning about sex, sexuality, emotions, relationships and sexual health. Embedded within the wider SMSC curriculum it is intended to enable young people to acquire information, develop skills and form positive beliefs, values and attitudes that support them to move from adolescence to adulthood safely. Young people want reassurance about their body image, behaviour, feelings and relationships. They also need knowledge and skills appropriate to their level of maturity and development needs. Central to the SRE programme is the growth of self-esteem and taking responsibility for oneself and one's actions. If young people feel positive and good about themselves, they are more likely to take care of themselves, think positively of other people, and therefore, develop non-exploitative, caring relationships. They are also less likely to be exploited by others.

*The term parent in this document refers to all legally designated responsible adults.

Sex and relationships education is needed as:

- Children and young people say that they want to learn more about sex and relationships
- Parents say that although they want to talk to their children about sex and relationships, they want schools to help them.
- It is a legal requirement for schools to provide SRE
- SRE can make a positive contribution to children's and young people's personal and social development.
- SRE can help to prevent negative health outcomes such as unintended pregnancies and sexually transmitted infections.

Aims

The delivery of SRE will seek to:

- Generate an atmosphere where questions of a sexual nature can be asked and answered openly without embarrassment and trust and confidentiality are ensured.
- Enable pupils to develop knowledge, communication skills and understanding in order to facilitate personal decision-making.
- Enable pupils to understand the impact of external factors, such as the media, social media, the internet and peer groups and remain independent decision-makers.
- Enable pupils to develop the ability to form positive, non-exploitative relationships.
- Enable pupils to be aware of personal, psychological, emotional and physical changes in themselves and others.

- Enable pupils to understand the process of human reproduction.
- Emphasise the role and value of family life.
- Enable pupils to know what is not legal in matters relating to sexual activity.
- Challenging stereotyping and prejudice

Through the delivery of SRE young people will be supported to:

- Develop respect for oneself and other people
- Learn to take responsibility for ones actions in all situations
- Develop honesty and loyalty in relationships
- Learn the importance and responsibilities of the family unit for all members
- Develop sensitivity towards the needs and views of others
- Recognise the physical, emotional and moral implications, and risks, of certain types of behaviour
- Recognise and accept the differences of others

Delivery

SRE is always taught with due regard to moral and legal considerations and within the explicit values of family life and supportive relationships. Sex and Relationships Education will be delivered in years 7 to11 by a combination of the following, as appropriate:

- 1: trained/accredited teaching staff
- 2: a specialist SRE team
- 3: trained health professionals

SRE within the SMSC curriculum will be delivered using a variety of teaching methods and will be supported by a wide range of appropriate resources.

Organisation

The SMSC co-ordinator is responsible for planning and delivery. Sex education is taught across the curriculum as well as in discrete SMSC lessons - outside speakers, may, on occasion, be invited to support specific areas of the SRE curriculum.

All students have, where appropriate, equal access to the programme, taught in mixed groups.

Monitoring & Evaluation

To ensure that this policy is supporting current policy and thinking on SRE and is also meeting the needs of the target audience it will be reviewed regularly.

The programme will be evaluated against the stated objectives and learning outcomes annually through:

- Satisfaction surveys of pupils receiving SRE
- Internal evaluation by specialist teaching team

Confidentiality

Students are encouraged to discuss issues openly in the classroom, to respect the views and feelings of others, and to avoid repeating what they have heard.

In line with best practice in child safeguarding, if a teacher is confided in by a student, they should not promise to keep secrets, but make it clear that they may have to talk to someone else.

It is very important that confidentiality cannot be guaranteed regarding Child Protection issues. Teachers have a responsibility to report/take action when a child is suspected of being abused or a child confides that he/she is being abused.

Where a teacher has reason to believe that a student is at moral or physical risk, or acting in breach of the law, they should make sure that the student is aware of the implications, and encourage them to seek advice from parents and health professionals. They should also inform the Principal, or his representative, who will then take steps to inform the parents.

Outcomes of Sex and Relationship Education

SRE guidance for **secondary schools** suggests best practice should prepare young people for an adult life in which they can:

- Develop positive values and a moral framework that will guide their decisions, judgements and behaviour
- Be aware of their sexuality and understand human sexuality.
- Understand the arguments for delaying sexual activity.
- Understand the reasons for having protected sex
- Understand the consequences of their actions and behave responsibly within relationships.
- Have the confidence and self-esteem to value themselves and others, and to have respect for individual conscience and the skills to judge what kind of relationships they want.
- Communicate effectively
- Have sufficient information and skills to protect themselves and, where they have one, their partner, from unintended and unwanted conceptions, and sexually transmitted infections, including HIV.
- Avoid being exploited or exploiting others.
- Avoid being pressurised into having unwanted or unprotected sex.
- Get confidential sexual health advice, support and, if necessary, treatment.
- Know how the law applies to sexual relationships.